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***THE INITIATIVE ON MINDFULNESS IN LAW AND DISPUTE
RESOLUTION, UNIVERSITY OF FLORIDA LEVIN COLLEGE OF LAW***
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Forthcoming Events, News, and Resources

(Note: This list is not comprehensive (or systematically prepared) Other resources appear at the end of this document.)

Events

May 22, 2015. Chicago. *Making the Case for Personal Wellness: Building Healthy Lifestyles Practices in the Legal Profession.*) Sponsored by the Hazelden Betty Ford Foundation's Program for Legal Professionals. (Includes a segment on mindfulness.) 11:30 a.m.-1:30 p.m. at Chicago University Club CLE credit. Lunch provided. No charge. Space is limited. To register, go to HazeldenBettyFord.org/LegalProfessionals.

June 3, 2015. Minneapolis. *Making the Case for Personal Wellness: Building Healthy Lifestyles Practices in the Legal Profession.*) Sponsored by the Hazelden Betty Ford Foundation's Program for Legal Professionals. (Includes a segment on mindfulness.) At Radisson Blu Minneapolis. Lunch provided. No charge. Space is limited. To register, go to HazeldenBettyFord.org/LegalProfessionals.

June 13-19, 2015. *Fear and Trust in Self and Society*, Garrison, N.Y. Annual Mind and Life Summer Research Institute. <http://www.mindandlife.org/summer-research-institute/sri-2015/>

June 25-27, 2015. Malibu, California. *Using Practical Tools of Mindful Awareness to Improve the Work and Lives of Lawyers, Mediators, Negotiators, Judges, Arbitrators, and Managers.* Sponsored by Pepperdine University School of Law, Institute for Dispute Resolution

Led by Rachel Wohl, Director, Maryland Supreme Court Mediation and Conflict Resolution Office (MACRO). See <http://law.pepperdine.edu/straus/training-and-conferences/professional-skills-program-summer/mindfulness-conflict.htm/> or contact Lori Rushford at lori.rushford@pepperdine.edu. [Note: Full-time law school professors may be able to attend for a nominal fee.]

July 10-12, 2015. Colorado Springs, CO. Franciscan Retreat Center. 9th Annual Rocky Mountain Retreat: *Compassion, Mindfulness & Resilience for the Conflict Professional.* Led by David A. Hoffman (Boston Law Collaborative & Harvard Law School), Erica Ariel Fox (Mobius Leadership & Harvard Law School), and Rachel A. Wohl (Mediator, Dir., Maryland Office of Conflict Resolution & Lecturer, Pepperdine Institute for Disp. Resol.). Sponsored by the Association for Conflict Resolution and Association for Family and Conciliation Courts. Organizers will apply for CLE credit. Online registration: www.disputepro.com/index.php/rocky-mountain-retreat

August 5-7, 2015, Chicago (Northwestern Downtown Campus). 11th Annual Summer Institute on Negotiation: *Critical Skills for Effective Negotiating.* Northwestern University, School of Professional Studies. Led by Leonard Riskin, Chesterfield Smith Professor, University of Florida Levin College of Law and Visiting Professor, Northwestern University School of Law, and Daniel Shapiro, Harvard International Negotiation Program. This course integrates instruction and practice in mindfulness with the teachings of Roger Fisher and Daniel Shapiro's award-winning *Beyond Reason: Using Emotions as You Negotiate* (Viking 2005), and with Internal Family Systems, developed by psychologist Richard C. Schwartz. For more information, see <http://sps.northwestern.edu/program-areas/summer/institutes/negotiation-summer-institute/index.php>

Aug. 23-29, 2015. ACEL Leadership Academy, Stowe, VT, sponsored by the Mind & Life Institute. <https://www.mindandlife.org>

Oct. 8-11, 2015. Building Just Communities, 7th Annual Conference of the Association for Contemplative Mind in Higher Education. Howard University, Washington, D.C. <http://www.contemplativemind.org/programs/acmhe>

Recent and Forthcoming Publications.

Alexandra B. Morrison, Merissa Goosarran, Scott L. Rogers & Amishi P. Jha, Taming a wandering attention: Short-form mindfulness training in student cohorts, 7 *Frontiers in Human Neuroscience* 897 (2013), <http://journal.frontiersin.org/article/10.3389/fnhum.2013.00897/full>

Leonard L. Riskin & Rachel Wohl, *Mindfulness in the Heat of Conflict: Taking STOCK*, 20 *Harvard Negotiation Law Review* ____ (Forthcoming, June 2015).

Leonard L. Riskin, *Beginning with Yes: A Review Essay on Michael Wheeler's The Art of Negotiation: Improvising Your Way to Agreement in a Chaotic World*, 16 *Cardozo Journal of Conflict Resolution* 605-624 (2015).

OTHER RESOURCES

The Mindful Lawyer Conference Website

On October 29-31, 2010, over 185 judges, lawyers, mediators, law professors, law students, and other legal professionals gathered at the University of California at Berkeley School of Law for the first ever national conference exploring the integration of meditation and contemplative practices with legal education and practice. **The Mindful Lawyer: Practices & Prospects for Law School, Bench, and Bar** offered a blend of academic presentations, discussion, and contemplative practice. Video and audio recordings are available on **the conference website**, along with guided meditations, syllabi from related law courses, and relevant books and articles.

<http://www.mindfullawyerconference.org/>

Berkeley Initiative for Mindfulness in Law, U.C.-Berkeley School of Law. Charles Halpern is the Director, Dan Carlin is Associate Director. <https://www.law.berkeley.edu/berkeley-initiative-for-mindfulness-in-law/>.

IdeaLawg by Stephanie West Allen. <http://westallen.typepad.com/idealawg/2008/09/contemplative-lawyers-some-mindfulness-resources.html>

Institute for Mindfulness Studies, Specializing in the Practice of Law. 4045 Sheridan Street, No. 196, Miami Beach, FL 33140. www.imslaw.com. Scott L. Rogers, M.S., J.D. Director. Tel: 786-239-9318; office; 860-239-9312 fax. Offers training and publications related to mindfulness for lawyers and law students.

Mindfulness in Law Program, University of Miami School of Law. Scott Rogers, Director. <http://www.miamimindfulness.org/>

Warm wishes,

Len

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