Forthcoming Events, News, and Resources

(Note: This list is not comprehensive (or systematically prepared) Other resources appear at the end of this document.)

**Events**

**May 22, 2015.** Chicago. *Making the Case for Personal Wellness: Building Healthy Lifestyles Practices in the Legal Profession.* Sponsored by the Hazeldon Betty Ford Foundation’s Program for Legal Professionals. (Includes a segment on mindfulness.) 11:30 a.m.-1:30 p.m. at Chicago University Club CLE credit. Lunch provided. No charge. Space is limited. To register, go to HazeldenBettyFord.org/LegalProfessionals.

**June 3, 2015.** Minneapolis. *Making the Case for Personal Wellness: Building Healthy Lifestyles Practices in the Legal Profession.* Sponsored by the Hazeldon Betty Ford Foundation’s Program for Legal Professionals. (Includes a segment on mindfulness.) At Radisson Blu Minneapolis. Lunch provided. No charge. Space is limited. To register, go to HazeldenBettyFord.org/LegalProfessionals.


Led by Rachel Wohl, Director, Maryland Supreme Court Mediation and Conflict Resolution Office (MACRO). See http://law.pepperdine.edu/straus/training-and-conferences/professional-skills-program-summer/mindfulness-conflict.htm/ or contact Lori Rushford at lori.rushford@pepperdine.edu. [Note: Full-time law school professors may be able to attend for a nominal fee.]


**August 5-7, 2015.** Chicago (Northwestern Downtown Campus). 11th Annual Summer Institute on Negotiation: Critical Skills for Effective Negotiating. Northwestern University, School of Professional Studies. Led by Leonard Riskin, Chesterfield Smith Professor, University of Florida Levin College of Law and Visiting Professor, Northwestern University School of Law, and Daniel Shapiro, Harvard International Negotiation Program. This course integrates instruction and practice in mindfulness with the teachings of Roger Fisher and Daniel Shapiro’s award-winning Beyond Reason: Using Emotions as You Negotiate (Viking 2005), and with Internal Family Systems, developed by psychologist Richard C. Schwartz. For more information, see http://sps.northwestern.edu/program-areas/summer/institutes/negotiation-summer-institute/index.php


**Recent and Forthcoming Publications.**


**OTHER RESOURCES**

**The Mindful Lawyer Conference Website**
On October 29-31, 2010, over 185 judges, lawyers, mediators, law professors, law students, and other legal professionals gathered at the University of California at Berkeley School of Law for the first ever national conference exploring the integration of meditation and contemplative practices with legal education and practice. *The Mindful Lawyer: Practices & Prospects for Law School, Bench, and Bar* offered a blend of academic presentations, discussion, and contemplative practice. Video and audio recordings are available on the conference website, along with guided meditations, syllabi from related law courses, and relevant books and articles. [http://www.mindfullawyerconference.org/](http://www.mindfullawyerconference.org/)

**Berkeley Initiative for Mindfulness in Law, U.C.-Berkeley School of Law.** Charles Halpern is the Director, Dan Carlin is Associate Director. [https://www.law.berkeley.edu/berkeley-initiative-for-mindfulness-in-law/](https://www.law.berkeley.edu/berkeley-initiative-for-mindfulness-in-law/).


**Institute for Mindfulness Studies, Specializing in the Practice of Law.** 4045 Sheridan Street, No. 196, Miami Beach, FL 33140. [www.imslaw.com](http://www.imslaw.com) Scott L. Rogers, M.S., J.D. Director. Tel: 786-239-9318; office; 860-239-9312 fax. Offers training and publications related to mindfulness for lawyers and law students.

**Mindfulness in Law Program,** University of Miami School of Law. Scott Rogers, Director. [http://www.miamimindfulness.org/](http://www.miamimindfulness.org/)

Warm wishes,

Len
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